2.1 **Populations and Resources**

A **population** is a group of organisms of one species that lives in the same place, at the same time, and can successfully reproduce. All populations tend to increase when individuals reproduce at rates that are greater than what is needed to replace individuals that have left the area or died. This is even true for organisms that reproduce slowly, such as elephants. Elephants only produce about six offspring in a 100-year life span. In theory, the descendants of a single pair of elephants could number 19 million after 750 years!

Exponential Growth

8000

Population growth that occurs like this is called exponential growth. Usually, **exponential growth** of a population only occurs under certain conditions and for a short time in nature. In some cases, it is seen when an organism comes to a new habitat that has a lot of resources, such as the first time that algae grows in a newly formed pond. In other cases, it occurs when other pressures on a population are removed. In South Africa's Kruger National Park, elephants became protected after many years of being hunted to obtain ivory from their tusks. The graph in **Figure 2.1** shows that population numbers were low until about 1960, when the elephants became protected. After 1960, the population grew exponentially.



population exponential growth limiting factors carrying capacity equilibrium urban sprawl

population all the individuals of a species that occupy a particular geographic area at a certain time

exponential growth accelerating growth that produces a J-shaped curve when the population is graphed against time





Figure 2.1 As shown in the graph, after being protected from hunting, the population of elephants in Kruger National Park grew exponentially.



Figure 2.2 When the wild turkey was re-introduced to Ontario after decades of absence, its population increased exponentially.

limiting factor a factor that limits the growth, distribution, or amount of a population in an ecosystem

Figure 2.3 If there were no factors limiting the exponential growth of yellow perch, a single female and her daughters could reach almost a trillion individuals in five years.

Re-introduced Species and Exponential Growth

Among the wildlife that European settlers found plentiful in parts of Ontario was the wild turkey. During the 19th century, the removal of forests and hunting were so severe that all the Canadian populations of wild turkeys had disappeared by 1909. Some American populations survived, however.

In the 1980s, with many parts of southern Ontario reforested and a hunting community that supported careful management of hunted species, the Ontario Ministry of Natural Resources decided to re-introduce the wild turkey to the province.

Over the next two decades, about 4400 turkeys were released in various parts of the province. The turkeys, shown in **Figure 2.2**, found the resources they needed here. By 2001, there were about 30 000 turkeys. By 2008, the number had reached 70 000. This exponential growth occurred even though hunting began to be permitted in the late 1990s. In addition, some turkeys have been sent to Québec as part of a re-introduction program there.

Limiting Factors and Exponential Growth

Exponential growth cannot be sustained in nature. A female Ontario yellow perch, shown in **Figure 2.3**, can produce about 23 000 eggs per year. Even though female yellow perch do not breed until their fourth year, that one female and her daughters, if they all lived, would produce almost a trillion offspring in just five years!

This kind of growth cannot continue for long because no ecosystem has an unlimited supply of the things that organisms need. These restrictions are known as **limiting factors**. As a population increases in size, each individual has access to fewer resources, limiting the growth of the population. The young perch, for example, require food for the nutrients and energy they need to survive, grow, and reproduce. Abiotic factors require the perch to live in parts of lakes and rivers that are the right temperature and pH for growth and activity. The habitat must have enough dissolved oxygen, light, and hiding places, as well. In natural ecosystems, there are simply not enough places where a trillion or more yellow perch can have these needs satisfied. Additional biotic factors can also regulate population growth, as you will read in Section 2.2.



Learning Check

- 1. When do populations tend to increase?
- **2.** Why did the re-introduced turkey population in Ontario grow exponentially?
- **3.** List three examples of limiting factors.
- **4.** Occasionally, humans are put in situations in which their resources are limited. In the summer of 2003, eastern North America experienced a sustained power failure. What resources do you think became quickly limited?

Carrying Capacity

Carrying capacity is the size of a population that can be supported indefinitely by the resources and services of a given ecosystem. Beyond this carrying capacity, no additional individuals can be supported, at least not for long. When a population is maintained at its carrying capacity, the size of the population is at an **equilibrium**, or balance. In a given time period, there is a balance between the number of individuals that are added to the population and the number of individuals that leave or die.

When one of the necessary resources is being used at a rate that exceeds the carrying capacity of the ecosystem, the population will drop to a natural equilibrium. The limiting resource might be food, but it could also be an abiotic factor. For example, polar bears need pack ice on which to hunt, lake trout need rocky lake bottoms on which to lay eggs, and the flying squirrels in **Figure 2.4** need holes in trees as a place to roost.

The impact of limiting factors on exponential growth has been seen with the population of the northern fur seal. In the 1800s, the fur trade led to a drastic reduction in the northern fur seal population. This decline prompted the first international treaty ever designed to conserve wildlife, which was signed in 1911. As shown in the graph in **Figure 2.5**, the fur seal population underwent exponential growth following protection, but eventually levelled out at the ecosystem's carrying capacity.



carrying capacity the size of a population that can be supported indefinitely by the available resources and services of an ecosystem equilibrium the balance between opposing forces



Figure 2.4 Flying squirrels are common in Ontario forests. They depend on the holes in dead trees for roosting. Local populations are affected if the removal of dead timber significantly reduces the number of holes.

Figure 2.5 The fur seal population underwent exponential growth, then reached its carrying capacity.

Activity 2-2

Graphing Population Change

How have bird populations changed over the years? To make sure that a population is sustainable, wildlife managers and sometimes citizens do surveys to find out if the population is in equilibrium, growing, or declining. In this activity, you will graph and analyze the results of surveys for three species.

Barrie, Ontario Bird Count: 1983 to 2007

Year	Downy Woodpecker	Mourning Dove	Ruffed Grouse
1983	26	14	13
1985	27	119	14
1987	37	124	11
1989	35	211	11
1991	40	247	5
1993	29	242	2
1995	29	325	4
1997	50	190	3
1999	29	264	6
2001	24	402	5
2003	16	182	4
2005	38	416	2
2007	36	226	9

Materials

3 pieces of graph paper

ruler

Procedure

- Plot the data for the survey results on three pieces of graph paper (one per species). Determine the proper scale for each graph.
- **2.** Draw a line of best fit to estimate the pattern of the data.
- 3. Using the line of best fit, extrapolate to the year 2020.

Questions

- 1. Describe the population growth of each species using the terms "increasing," "decreasing," and "equilibrium."
- **2.** Identify two factors that could affect the declining species in this area.
- **3.** Identify two factors that could affect the increasing species in this area.
- In the 2006 Canadian census, Barrie was found to be the fastest-growing city in Canada. Does this information change the answers you gave for questions 2 and 3? Explain.
- **5.** Is extrapolation using a straight line likely to be reliable for many decades in the future? Why or why not?

Human Activities and Carrying Capacity

urban sprawl the growth of relatively low-density development on the edges of urban areas As humans alter natural ecosystems to suit their needs, the carrying capacities of these ecosystems change. The carrying capacity may increase for species that occupy human-altered landscapes, but often it decreases.

Urban sprawl is a term that is used to describe a city's growth as its population increases. In urban sprawl, people build new homes and new businesses near the outer edge of a city, as shown in **Figure 2.6**. Urban

sprawl is one form of development that reduces the carrying capacity for many species. Negative effects from urban sprawl include more dependence on automobiles, decreased farmland as roads are built, and reduced carrying capacities for native organisms.

Figure 2.6 The Golden Horseshoe is the name of the highly developed area at the west end of Lake Ontario. Almost one quarter of Canadians live in this small area. In this image, the dark pink areas are high-density population areas.



The Story of the Redside Dace

Most of the people in Ontario live in the Golden Horseshoe, shown in **Figure 2.6.** The Golden Horseshoe is the land around the west end of Lake Ontario. Urban sprawl, resulting from over 200 years of development and industrialization, has greatly altered the ecosystems in this area.

The redside dace, shown in **Figure 2.7**, looks like an aquarium fish—colourful and about 10 cm long. Because this species needs cool water to survive, it inhabits areas of streams that are shaded from overhanging vegetation. In Canada, the range of these fish is small. Most inhabit streams in the Golden Horseshoe that flow into Lake Ontario.

As urban sprawl in the Greater Toronto Area increased during the 20th century, development led to changes in the abiotic and biotic factors in the streams inhabited by these fish. Two abiotic factors, in particular, were affected. As trees were cut down to make room for human structures, the amount of shade cover around streams decreased. Many streams also experienced an increase in drainage from surrounding areas. These changes led to a reduced carrying capacity for the redside dace. Many populations disappeared. Today, the remaining populations are found in the upper reaches of streams in an area that is known as the Oak Ridges Moraine, shown in purple on the map in **Figure 2.7**. Here, there is some residential and agricultural development, but the development is not nearly as intensive as it is in the urban areas downstream. Since the lower reaches of the streams are no longer suitable for dace, however, the remaining populations are isolated from each other.

Suggested Investigation

Data Analysis Investigation 2-A, Is the Winter Skate Endangered in Nova Scotia? on page 79



Figure 2.7 The redside dace is a native species that is found in several Ontario river systems (see the red dots on the map). Unlike most minnows, it jumps out of the water to capture small insects that fly just above the surface.

Intensification

The human population of the Golden Horseshoe is expected to increase by about 3.7 million between 2005 and 2031. This poses a tremendous challenge for the people who plan and manage cities. How can urban planners make room for so many additional people and, at the same time, ensure that the ecosystems in the area remain sustainable? How can the remaining carrying capacity for redside dace be protected?

One policy that Ontario has adopted to reduce urban sprawl is called *intensification*. The intensification policy requires that a large percentage of new development must occur on land *within* the boundary of the city. For example, **Figure 2.8** shows how more space can be added by building additional floors on top of an existing building, instead of building a new building. Also, the province has passed a law called the Oak Ridges Moraine Conservation Act, which was designed to place strict controls on development. Although this law does not use the word "sustainable," one objective is to ensure "that the Oak Ridges Moraine Area is maintained as a continuous natural landform and environment for the benefit of present and future generations." Perhaps these measures will prevent further reduction of the carrying capacity for redside dace in this area.



Figure 2.8 Intensification counteracts urban sprawl by requiring a large percentage of new development to be within existing urban boundaries. This increases population density, but it reduces pressure on natural areas and farmland.

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Study Toolkit

Making Connections to Visuals What does Figure 2.8 show? What questions do you have about the figure?

Section 2.1 Review

Section Summary

- Populations tend to increase exponentially when there are available resources.
- When resources that are needed by populations become limited, the carrying capacity of an ecosystem has been reached.

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Review Questions

- **(K/U) 1.** Explain why exponential growth is not sustainable in nature.
- **2.** How would the removal of dead timber from an area affect the carrying capacity for flying squirrels?
- **3.** Identify two factors that limited the growth of the redside dace, and describe how they limited its growth. Then identify one other factor, not mentioned in the section, and describe how it could limit the growth of this species.
- **4.** The graph on the right shows how a population of water fleas changed over time. The data were collected in a laboratory situation. Explain how the population changed, using the terms "carrying capacity," "equilibrium," "exponential growth," and "limiting factors."
- **5.** One of the objectives of the Oak Ridges Moraine Conservation Act is to "ensure that only land and resource uses that maintain, improve or restore the ecological and hydrological functions of the Oak Ridges Moraine Area are permitted." Explain how this objective could help to maintain or increase the carrying capacity of the area.
- **6.** Explain the concept of intensification.
- **7.** Answer the following questions about your own community.
 - **a.** Is there new construction in your community? If so, how do you think this construction might impact an ecosystem near the area?
 - **b.** Pick a species that lives in your community and list what limiting factors regulate the population of this species.

• Human alterations of an ecosystem, such as through urban sprawl, often reduce the carrying capacity of the ecosystem for other species.

