

Name: _____

Date: _____

BLM 13-2

Try This! Charts

Use this chart to complete the Try This! activity on page 281.

Food	Number of Calories	% Daily Value of Fat	% Daily Value of Sodium
Total			

Use this chart to complete the Try This! activity on page 282.

Food Product	Advertising Claim (if any)	Amount of Fat (g)	Is This Product Fat Free?