

<b>CHAPTER 10</b>	<b>The Role of Creatine Phosphate in Muscle Contraction Answer Key</b>	<b>BLM 10.1.9A</b>
<b>ANSWER KEY</b>		

1. Energy from creatine~P can sustain muscle activity for about 8s.
2. Energy is transferred in the midst of the sliding filaments.