HHPS Symbols



Science Lab Safety



Mass or Volume?

cereal 650 g	chicken 0.56 kg	grapes 2 kg
milk 4 L	sugar 1 kg	butter 250 g
pop 2 L	mayonnaise 950 mL	vanilla 43 mL
potato chips 120 g	orange juice 1.89 L	whipping cream 500 mL
seasoned salt 1 kg	olive oil 1 L	chocolate 168 g
salmon 170 g	flour 2 kg	sour cream 500 mL

States of Matter



How Would You Organize This?



The Periodic Table



How Do You Use Electricity?



What Type of Electricity?



Work Safe











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What Is Alive?













OHT 11

Plant Cell



Plant Cells Work Together



Plants need stems. Stems are made of cells. Tubes in the stem transport water from the root into the stem. The vacuole in the stem cell stores the water.

Plants need leaves. The leaves are made of cells. The chloroplasts in a leaf cell collect sunlight to make food for the plant.

Animal Cell



Health and Safety Practices







lungs

diaphragm

chest cavity

The Respiratory System



Respiratory system

Circulatory System



Heart and Lungs



Digestive System





How Frogs Breathe



 With its mouth closed, the frog inhales through its **nostrils**, which are openings in the nose. The floor of the mouth drops, which causes the throat to swell. This allows the air to enter the mouth.

The nostrils close. The glottis, which is the opening to the windpipe, opens. The floor of the mouth rises. This forces air into the windpipe and lungs.
The frog exhales using muscles on the sides of its body to push air out

of the lungs.

The Tomato Plant



OHT 22

Xylem and Phloem



Xylem and phloem are separate tubes inside the plant. They continue from roots to stem and leaves.

Using Scientific Inquiry



That's the Way the Ball Bounces



Safety Equipment





helmets



wrist guards



knee pads



elbow pads



shin guards



mouth guard



face mask



chest guard



face shield



sports goggles



athletic supporter

OHT 26

Centimetre Grid

TEST IT!

Paper Helicopter, Part 1

Rotors are the spinning propellers on a helicopter. The rotor blades help a helicopter to hover, move sideways, and move up and down. You can make a paper model of helicopter rotors.



Question

What factors affect the flight time of a paper helicopter?

Safety Precautions

- Be careful when using scissors.
- Be careful not to fall when launching your helicopter.

What You Need

paper scissors ruler pencil paper clip stopwatch

What to Do

Cut out a strip of paper 6 cm by 30 cm.
 Mark your strip of paper as shown here.
 Cut and fold your strip of paper as shown on page 3.
 Make an additional cut to make the rotor blades. Open up the rotors.
 Attach the paper clip to the bottom of your paper helicopter.

3 cm 3 cm 6. Trial 1. cut rotor a) Stand at the top of bend a stairwell or where your teacher 14 cm recommends. Hold bend your helicopter leg straight out in 2 cm front of you at shoulder level. paper **b)** Release the clip 14 cm helicopter. Use the stopwatch to measure your helicopter's flight time in seconds from the time you release it until it lands.

Record the flight time in the data table.

	Trial 1	Trial 2	Trial 3
Flight Time (s)			

7. Repeat Step 6 for Trial 2 and Trial 3.

What Did You Observe?

- **8.** Calculate the average flight time.
 - a) Add the three flight times together.
 - **b)** Divide Total Time by 3. $\pm 3 =$

What Did You Discover?

9. Why is it important to have several trials?

10. What factors affect the flight time of a paper helicopter?

11. Compare your average flight time with that of your classmates. What are two reasons why your times might be different?

Types of Variables

Variable	Meaning	Example
Manipulated	the factor that is changed	•
Responding	the factor that changes as a result	•
Controlled	the factors that must be kept the same	•

Paper Helicopter, Part 2

Use the following steps to help you design an investigation. Decide what length of rotor blades you will use. Keep the same length for all three trials.

Question

How does the length of the rotor blades affect the flight time of a paper helicopter?

What Do You Think Will Happen?

1. Fill in the blanks using *longer* or *shorter*. If I make the rotor blades , then the

helicopter flight time will be _____.

Safety Precautions

2. List all the safety precautions that you think apply.

What You Need

3. List the materials and apparatus that you will need to complete your investigation.

What to Do

4. List the steps that you are going to follow to do a fair test.

What Did You Observe?

5. Record your observations.

Trial	Length of Rotor Blades (cm)	Flight Time (s)
Trial 1		
Trial 2		
Trial 3		
	Total Time	

6. Calculate the average flight time. $\div 3 =$

What Did You Discover?

- 7. What variable did you manipulate in this investigation?
- **8.** What variables did you control in this investigation?
- 9. Why did the rotor blades have to be the same length for all trials?
- 10. Did the results of your investigation support your prediction? YES NO
- **11.** How does the length of the rotor blades affect the flight time of a paper helicopter?
- **12.** Suggest a new question that you could investigate using the paper helicopter.

Scientific Method

Scientific Processes	Description	Used this process?
Question	• Decide what you want to find out. State this as a question.	√
Gather information	 Gather background information on the question. 	
Predict	 Predict what you think will happen. 	
Decide what to do	 Identify the variables. List the steps that you will follow. Include several trials. Identify safety precautions. 	
Do the investigation	 Follow the steps and safety precautions. 	
Measure and record	• Measure the data and record your observations. You might wish to use a chart or table.	
Compare	 Go back to your prediction. Did the results of your investigation support your prediction? 	
Make an inference	 Based on your observations, what did you learn? 	
Evaluate	 Think about how you could improve your investigation. If possible, make changes and repeat your investigation. 	
Communicate	• Tell others what you learned.	

Design Your Own Investigation

Question

1. What question will you investigate?

What Do You Think Will Happen?

2. Describe what you think will happen.

Safety Precautions

3. List all the safety precautions that you think apply.

What You Need

4. List all the materials and apparatus that you will use.

What to Do

5. Use the following chart to help you identify the variables.

What variable will you manipulate?	How will you change this variable?
What will be the responding variable?	How will you measure the change in this variable?
What variables will you control?	How will you control these variables?

6. On a separate sheet of paper, list all the steps that you will follow. Have your teacher approve your plan.

What Did You Observe?

7. A data table might help you organize your observations and data.

What Did You Discover?

- 8. Did the results of your investigation support your prediction?
 - YES NO Explain.
- 9. What did you learn from this investigation?

10. Would other students who follow the steps arrive at the same conclusion? YES NO Explain why or why not.

11. How could you improve your investigation if you did it again?

Chemistry and Safety



Common Chemicals

Chemical	Common Uses	Dangers	Safety Ideas
Toluene	 common ingredient in nail polish and some glues 	 breathing fumes can cause dizziness 	
Muriatic acid (hydrochloric acid)	 removes scaly buildup in pipes 	 can irritate skin tissue and eyes 	
Propylene glycol	 ingredient in mascara and deodorant 	 can irritate eyes 	
Methanol (wood alcohol)	 dissolves paint 	• toxic fumes	
Classroom Safety Rules

Think about improper behaviours in the laboratory and what could happen. Together with your teacher and classmates, create the safety rules you will use while conducting investigations in your classroom lab.

1.	
2.	
3.	
•	
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4.	
_	
5.	
6.	
7.	

WHMIS Symbols

Symbol	Meaning	What Might Happen
\bigcirc	Compressed gas	A gas is under high pressure in a cylinder. The cylinder could explode or burst if it is heated, dropped, or damaged.
B	Oxidizing material	These materials can cause explosions or fires if they come into contact with wood, fuels, or anything else that can burn.
	Biohazardous	Materials with this symbol may cause infectious disease or serious illness. People could die from these diseases or illnesses.
	Reactive	These materials might react violently and cause an explosion or a fire, or produce toxic gases when exposed to light, heat, vibrations, or extreme temperatures.
	Poisonous	A single exposure to this substance could kill you or cause serious or permanent damage.
	Toxic	Exposure to this poisonous substance could cause irritation. Repeated exposure could cause cancer, birth defects, or other permanent damage.
	Corrosive	
	Flammable	

WHMIS Labels

Supplier Label



Workplace Label



Comparing WHMIS Labels



Thermometer



TEST IT!

What Labels Belong Where?

Spring floods have caused problems in this science lab. Four bottles on the bottom shelf have lost their labels. The partial labels show that the bottles hold glucose, baking soda, starch, and sodium chloride. But which bottle is which?



You know the following:

- Baking soda bubbles when it reacts with vinegar.
- Starch reacts with iodine to make a bluish-black colour.
- Sodium chloride has square-sided crystals.

Question

What three questions do you need to answer to identify the substances?

- 1.

 2.
- 3.

What Do You Think Will Happen?

4. How might the substances react to help you answer your questions?

TEST IT! (continued)

- Be careful with glass. If it breaks, use a dust pan to collect the pieces. Put them in the broken glass container.
- Clean up the work area and wash your hands thoroughly at the end of this investigation.

What to Do

What You Need

4 mystery powders labelled 1, 2, 3, 4 spot plate vinegar (in dropper bottle) iodine (in dropper bottle) scoopula magnifying lens

5. Outline the steps you can take to identify each of the substances.

First, how can you use the magnifying lens?

6. Second, how can you use vinegar?

7. Third, how can you use iodine?

What Did You Observe?

8. Develop a method for recording your observations.

What Did You Discover?

9. What label belongs on what jar? Explain how you know.

10. a) What physical property did you observe?

b) What chemical properties did you observe?

Classifying Matter



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Comparing a Mechanical Mixture and a Solution





TEST IT!

Compare the Melting Points and Boiling Points of Water and Salt Water

Develop a fair test to investigate the melting and boiling points of water and salt water.

Question

1. What question can you ask?

What Do You Think Will Happen?

- **2.** After writing the What to Do section, describe what you think will happen during the test.
- 3. What variable are you testing?

Safety Precautions

4. After developing the What to Do section, suggest some safety precautions for this test.

What You Need

- **5.** After developing the What to Do section, list the equipment you will need.
- **6.** After developing the What to Do section, draw a picture showing how you plan to set up your equipment.

TEST IT! (continued)

What To Do

7. With your group, plan what to do to make a fair test of the melting and boiling points of water and salt water.

Melting Point

8. Complete steps 2 to 6. Then, get your teacher's approval and do the investigation.

What Did You Observe?

9. Develop a method for recording your observations.



What Did You Learn?

- **10.** Graph the results. Use the checklist below to help you complete your graph.
 - Title your graph.
 - Decide on a scale.
 - Title and label the *x*-axis.
 - Title and label the y-axis.
 - Plot each point.
 - Join the points.





- **11.** What happens to the melting point of the ice as the amount of salt added goes up?
- **12.** What happens to the boiling point of the water as the amount of salt added goes up?
- **13.** Describe two ways you might use what you learned in this activity at home or in the workplace.

TEST IT!

Which Metal Is the Best for Pots and Pans?

Question

1. What question will you try to answer in this test?



What Do You Think Will Happen?

2. Predict which metal will conduct heat the fastest.



Safety Precautions 🐼 😿 🚯

• Read the instructions. What safety procedures should you use for this activity?

What You Need

birthday candle tea light matches 15 cm strip of each metal: aluminum, iron, and copper 9 metal tacks timer or stopwatch tongs

3. Read the What to Do section. List at least three variables that it will be important to keep the same to make this a fair test.

What to Do

- **4.** Light the birthday candle.
- **5.** Tip the birthday candle so the flame melts the wax quickly. Make three drops of wax 2 cm apart on the end of a strip of metal.
- **6.** Have a partner push a tack, flat side down, into each drop of wax.
- **7.** Repeat steps 5 and 6 for the two other strips of metal.
- **8.** Allow the wax to harden to room temperature, so the tacks stick.
- **9.** One partner should get ready with a stopwatch. The other should use the tongs to hold the tackless end of one metal strip in the flame of a tea light.
- **10.** Record the time that it takes for each tack to fall from the metal strip.

Material	Time until Tacks Drop (s)		
Material	1	2	3
Iron			
Aluminum			
Copper			

11. Repeat steps 9 and 10 with the other two strips.



TEST IT! (continued)

What Did You Discover?

- **12.** Draw a bar graph the time required for each tack to fall from its strip.
 - Title your graph.
 - Decide on a scale.
 - Title and label the x-axis.
 - Title and label the y-axis.
 - Use a different colour for each metal.
 - Plot each point.
 - Complete your bar graph.



- **13. a)** How did you make sure that you held each metal strip at the same distance from the flame?
 - **b)** Why was this important?
- **14.** Based on your results, which type of pot would you buy if you wanted to cook something quickly? Explain.

15. Complete the table.

Type of Heat Transfer	Tasks	Reason
Two tasks that need	a)	
a fast transfer of heat	b)	
Two tasks that need	c)	
heat	d)	

Which Laundry Detergent Is the Best at Removing Stains?

Question

1. Write a question that will help you test which laundry detergent works best.

What Do You Think Will Happen?

2. Which laundry detergent do you think will work the best?



- Contact with laundry detergents can irritate your eyes, lungs, and stomach.
- Clean up the work area and wash your hands thoroughly at the end of the investigation.

What You Need

large beaker or container with a lid (such as a large yogurt container)

2 substances to make stains (such as ketchup, grass, mustard, grape juice, grease from a bicycle chain, or motor oil)
6 identical small squares of fabric thermometer
2 types of laundry detergent water

OHT A-19

TEST IT! (continued)

Planning the Test

In a fair test, all of the variables except one must stay the same. Think about how you will keep the following variables the same.





TEST IT! (continued)

• How will you show that the detergent is doing the cleaning and not just the water and agitation? This is your control.

What to Do

3. Use your planning notes to write a step-by-step procedure for testing the different laundry detergents.

What Did You Observe?

4. Record the results of your investigation.

What Did You Discover?

5. Which laundry detergent cleaned the best overall? Explain.

- 6. a) Which stain was the most difficult to remove?
 - **b)** Why do you think that was so?
- **7.** Look at your procedure. How might you improve on this procedure?



OHT A-22

TEST IT! (continued)

5. In a fair test, all of the variables except one must stay the same. Think about how you will do this as you write the What to Do section. Write down the things you will keep the same.

I'll test three kinds of backpack material. Maybe I can get squares of canvas, cotton, and that shiny red material that Janine's backpack is made of.



Yes, then you can test its stretchiness by nailing it to a board and seeing how far you can stretch each sample. Oh, you'd better make sure all the squares are the same size!

Question

6. Write a question that will help you test the properties of your product.

Hmm... and how will I test if it's waterproof?

What Do You Think Will Happen?

7. What do you think the results of your investigation will be?

Safety Precautions

8. After you write the What to Do section, list the safety precautions you need to follow.

TEST IT! (continued)

What You Need

9. Write a list of the materials you need for your investigation.

What to Do

10. Use your planning notes to write a step-by-step procedure for testing your product. Include sketches of any lab set-ups.



TEST IT! (continued)

What Did You Observe?

11. Decide how to record the results of your investigation. Record your observations here.

What Did You Discover?

12. What did you learn about the product you tested?

13. a) Which product do you think you will buy next time? Why?

b) What factors will you consider that you might not have thought about before?

Electricity and Electric Devices



Open and Closed Circuits



Closed circuit



Open circuit

Circuit Symbols



Safe and Unsafe Circuits



Circuit A. This circuit is safe to work with.



Circuit B. In this circuit, the insulation around the wires is damaged where the wires cross. This is a dangerous short circuit.

Building Circuits Checklist

1. Safety comes first.		
Check all your equipment.		
Remove all metal jewellery.		
Make sure your work area is clean, dry, and uncluttered.		
2. Connect loads in order.		
Connect one end of a wire to the positive terminal of the battery.		
Connect components one at a time.		
Complete the circuit by connecting the free end of the last wire to the negative terminal of the battery.		
If you are connecting one wire to another, use the alligator clips to hold the wires together.		
3. Face all batteries the same way.		
If you are connecting batteries together, always connect the positive terminal of one battery to the negative terminal of the next battery.		
4. Keep switches off.		
Always keep the switch in the "off" position until the circuit is complete. When you are ready to use your circuit, turn the switch on. Turn it off when you are finished.		

OHT B-6

1

Circuits Checklist



2.







Test

Is the circuit complete?

Is the circuit complete?

Is the switch closed?

Are all the wires properly connected?



5.



Voltmeter



A voltmeter measures voltage across a component of a circuit. If you are using a multimeter to measure voltage, your circuit diagram shows the multimeter as a voltmeter.

Electric Safety Checklist

Electric Safety

- Never let small children play near uncovered electric outlets.
- Never fly a kite or climb a tree near overhead electric wires.
- Never touch exposed electric wires.
- Never plug in an electric device with the switch in the "on" position.
 Never use an electric device on the switch in the "on" position.
- Never use an electric device until you have checked to make sure its cord is safe.
 Never work with electric circuits is
- Never work with electric circuits if you are wearing metal jewellery.
 - Never unplug the device by pulling the cord. Pull the plug.

	Always cover electric outlets when small children are playing nearby.
\checkmark	
\checkmark	



онт в-я

Types of Circuits

Series Circuit





Parallel Circuit







Compare Circuits

Series Circuit	Parallel Circuit

Combination Circuit





Name the Circuit



Circuit Diagram



OHT B-14

You're Grounded




Plan Your Wiring



LIST OF APPLIANCES

Appliance	Current	Voltage
Light bulb or lamp	3 A	120 V
Computer	2 A	120 V
TV	2 A	120 V
Stereo	2 A	120 V
Refrigerator	20 A	120 V
Hair dryer	8 A	120 V
Electric stove	22 A	240 V

Wiring Rules

All outlets in the kitchen and bathroom must be GFI outlets.
Any device that draws more than 18 A must have its own circuit.
A maximum of six devices can be connected on the same circuit.
A maximum of two devices can be connected to the same outlet.
You can use up to two 30 A circuits. The other circuits must be 15 A or 20 A.

Body Systems and Staying Alive

Body Systems and Staying Alive

Compare a Robot to a Human Being





Microscope



What Part Is Being Used? Why?

1.	What objective lens is Mark using? Explain why.
2.	What adjustment knob is Mark using? Explain why.
3.	What adjustment knob is Mark using? Explain why.

Microscope Checklist

- Plug in your microscope and turn on the light.
- Turn the nosepiece until the low-power lens faces the stage.
- Put the slide on the stage.
- Secure it in place using the stage clips.
- Use the coarse-adjustment knob to bring the lens as close as it will go to the stage.
- Look in the eyepiece. Slowly turn the coarse-adjustment knob to get the object in focus.
 - Make sure the insect part is in the centre of the circle.
 - Turn the fine-adjustment knob to get the best focus possible.

ОНТ С-<u>6</u>

Compare Plant and Animal Cells



The Circulatory System and Respiratory System Connect



- The blood picks up oxygen from the lungs and delivers it to body cells.
- The blood picks up carbon dioxide from the cells and delivers it to the lungs. Maria breathes out the carbon dioxide.
- Inside each lung, there are many tiny air sacs called alveoli. The alveoli are surrounded by capillaries, which are very small blood vessels that connect the arteries and veins.
- The alveoli and capillaries have very thin cell membranes.
- The oxygen passes through the membrane of the alveolus and the membrane of the capillary into the blood.
- Carbon dioxide moves in the opposite direction. The gas moves from the blood into the alveolus.

The Circulatory System and Digestive System Connect



- Nutrients enter the blood from the small intestine. The blood carries nutrients to the body cells.
- Wastes pass from the cells back into the blood. The wastes leave Maria's body.
- On the inside wall of the small intestine, there are many **villi**, which look like tiny fingers.
- Inside the villi, there are many capillaries. The villi and capillaries have very thin cell membranes.
- The nutrients pass through the villi into the capillaries.
- Waste products from the body cells pass into the capillaries before the body gets rid of them.

Prevent Food Poisoning Checklist



Prevent food poisoning by doing the following:

- \checkmark Thaw food in the refrigerator, *not* on the countertop.
- Cook meat and eggs thoroughly.
- Store foods that contain meat and dairy products in the refrigerator.
- Do not put cooked food on unclean plates that have held raw meat or fish.
- Wash your hands before and after you handle food. Or, wear latex gloves.
- Clean the cooking utensils and cooking area carefully.
- Clean dishcloths every day. Do not use sponges because bacteria grow in them.



Why Is It Hazardous?

Hazardous Behaviour	What Might Happen	Body System Affected
	Ammonia is an irritant that can damage skin. Breathing in ammonia fumes may damage your lungs.	respiratory system



Dissection Tools



Expose the Organs



Frog Heart and Human Heart



The frog's heart gets oxygen-rich blood from the lungs and the skin.



The Frog's Respiratory System



The Frog's Digestive System



Compare the Human and Frog Circulatory Systems



Compare the Human and Frog Respiratory Systems





Root Growth

What Did You Observe?

Seed	Root Growth						
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
1							
2							
3							



Respiration and Photosynthesis



Photosynthesis

Respiration

Photosynthesis

Respiration

OHT C-20

Respiration, Photosynthesis, and Circulation Connect



The Flower





Compare Sexual and Asexual Reproduction



Scientific Processes



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Use the results in the table to make a bar graph to show the height of foam. Draw all three bars for three minutes, for six minutes, and for nine minutes. .



What Did You Observe?

OHT D-3

How Do Skin Creams Work?



Beaker A

Beaker B

Toothpaste Ingredients

Type of Ingredient	What It Does	Example	Example from Toothpaste Tube
abrasive	scrubs away plaque	calcium phosphate	
fluoride	strengthens teeth	sodium fluoride	
detergent	creates foam	sodium laurel sulfate	
humectant	adds texture and moisture	glycerin	
thickener	adds texture	carrageenan	
preservative	prevents growth of micro-organisms	sodium benzoate	
flavouring agent	masks taste of detergent	peppermint	
colouring agent	makes toothpaste white or coloured	titanium dioxide	
sweetener	improves taste	saccharin	

Compare Helmets

