

Over the next three school days, keep a list of the basic foods that you eat (e.g., ketchup is not a basic food, but potatoes are).

At the end of this period, conduct research to find out where these basic foods originated (e.g., potatoes are native to Peru in South America).

Choose the food that you think had the greatest effect when it was introduced to new countries and cultures. Create a poster that shows the importance of this effect. On your poster, include the three or four criteria you used to help make your choice.

Basic Foods			Sources
Day 1	Day 2	Day 3	
puffed wheat			
milk			
sugar			